Ann was saved by an automatic alarm

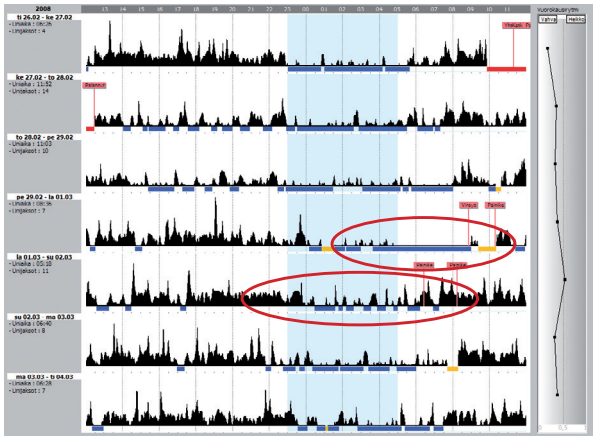
- unconsciousness caused by low blood sugar level

Ann is a 77-year old woman, who lives in her own apartment in a sheltered house. She is an active woman who takes care of her own medication. Ann has diabetes that is treated by insulin.

Description: On the day of the event Ann had eaten less food than usual but injected the normal dose of insulin. The blood sugar level had decreased during the small hours and Ann had gone unconscious while asleep. Ann had been still for a period longer than usual, which sent **an automatic alarm - "Deterioration alarm"**, produced by the Vivago system, to the nurse's phone. The nurse immediately went to check Ann's condition and measured her blood sugar level, which were under 2 mmol/l. The nurse then alerted the ambulance service.

Ann was in hospital for observation for a while and returned back home the same day. On the following night's activity curve, it is clearly seen how the day's events had affected Ann's sleep on the night after the incident. Ann has clearly stressed sleeping, resulting in restless sleep (seen as a disjointed blue line periods in the lower red circle). Activity curves show that during the next nights Ann's sleeping rhythm has returned to normal.

"It was an automatic alarm. If it hadn't been there, I would probably still be lying on the floor. I think everyone should wear it." - Ann tells.



Event:
Low activity -alarm

Cause:
Unconsciousness caused by low blood sugar levels

The following night restless

CEN9031v1.0

Vivago

Vivago Oy | Itsehallintokuja 6 | FI-02600 Espoo | Finland | Tel: +358 10 2190 610 | Email: info@vivago.com | **www.vivago.com**